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(416) 363-3029
www.josephsonopt.com

- eyeglasses: \$75 off selected purchases over \$250 or 30% off selected purchases under \$250
- contact lenses: 15% off fitting fee, excluding material costs

Josephson Opticians

466 Eglinton Avenue West
Toronto, ON M5N 1A5
(416) 545-1845
www.josephsonopt.com

- eyeglasses: \$75 off selected purchases over \$250 or 30% off selected purchases under \$250
- contact lenses: 15% off fitting fee, excluding material costs

Josephson Opticians

Humbertown Centre
270 The Kingsway
Toronto, ON M9A 3T7
(416) 232-1222
www.josephsonopt.com

- eyeglasses: \$75 off selected purchases over \$250; 30% off selected purchases under \$250
- contact lenses: 15% off fitting fee, excluding material costs

Josephson Opticians

Flagship Store
60 Bloor Street West
Toronto, ON M4W 1A1
(416) 964-7070

- eyeglasses: \$75 off selected purchases over \$250 or 30% off selected purchases under \$250
- contact lenses: 15% off fitting fee, excluding material costs

Specs on Bloor

200 Bloor Street West
Toronto, ON M5S 3B4
(416) 925-1758

- eyeglasses: \$75 off selected purchases over \$250 or 30% off selected purchases under \$250
- Special packages for students:
 - \$129 frames and basic lenses
 - \$159 frames and arc lenses
 - \$189 frames and high index and arc lens

World Eye Wear

126 Cumberland Street
Toronto, ON M5R 1A6
(416) 975-0977

- eyeglasses: \$75 off purchases over \$250 or 30% off purchases under \$250
- 15% off contact lenses
- \$50 eye exams

Lasik MD Toronto Downtown

The Exchange Tower
130 King Street West, Suite SW7
Toronto, ON M5X 1C8
(416) 362-8677
www.lasikmd.com

- \$150 in coverage for laser eye surgery

Super Optical

89 King Street North
Waterloo, ON N2J 2X3
(519) 747-5657

- eyeglasses: \$75 off purchases over \$250
or 30% off purchases under \$250

- \$50 eye exams

WATERLOO**Uptown Eyeworks**

104 King Street South
Waterloo, ON N2J 1P5
(519) 888-1784
www.uptowneyeworks.com

- eyeglasses : \$75 off purchases over \$250
or 30% off purchases under \$250

WHITBY**Downtown Whitby Optical**

370 Brock Street South
Whitby, ON L1N 4K4
(905) 666-3831

- eyeglasses : \$75 off purchases over \$250
30% off purchases under \$250
- 15% off contact lenses
- 15% off name brand sunglasses

CHIROPRACTIC NETWORK

Network Members - Ontario

As part of their commitment to students, Network Chiropractors will charge Health Plan members the following:

Initial Assessment	Subsequent Visits
\$40 or less	\$25 or less

Please note that you are not limited to Network members. You're covered for the insured portion of your Plan regardless of the health professional you choose. By visiting a Network member, you will get additional coverage.

KINGSTON

Dr. Laura Gifford

The Chiropratic Wellness Centre
348 Bagot Street, Suite 101
Kingston, ON K7L 3B7
(613) 549-0866

Dr. Marie Houde

259 Queen Street
Kingston, ON K7K 1B5
(613) 545-9553

Dr. Gregory Lehman

Performance Health Studio
273 Kings Street East
Kingston, ON K7L 3B1
(613) 531-8885
www.performancehealthstudio.com

Dr. Peter Pain

The Chiropratic Wellness Centre
348 Bagot Street, Suite 101
Kingston, ON K7L 3B7
(613) 549-0866
www.kingstonchiropratoc.com

Dr. Lorne Shulman

259 Queen Street
Kingston, ON K7K 1B5
(613) 545-9553

KITCHENER

Dr. Craig Bauman

U of W Centre for Family Medicine
73 King Street West
Kitchener, ON N2G 1A7
(519) 579-0100
www.chirobauman.ca

Dr. Martin Dziak

Target Therapeutics
230 East Avenue
Kitchener, ON N2H 1Z4
(519) 593-2354

Paul MacKenzie

100-L Victoria Street North
Kitchener, ON N2H 6R5
(519) 745-7725

Dr. David Sangster

Health-at-Hand Chiropractor
742 King Street West, Suite 203
Kitchener, ON N2G 1E7
(519) 584-7788

NORTH YORK

Dr. Dennis Liu

Finch Chiropractic Centre
197 Finch Avenue West
North York, ON M2R 1M2
(647) 885-5655

OAKVILLE

Nada Luburic

Eagle Chiropractic Health and Wellness Circle
1235 Trafalger Road, Suite 413
Oakville, ON L6H 3P1
(905) 337-7047
www.eaglechiropractic.ca

Dr. Rick Ruegg Bronte

Harbour Chiropractic Clinic
2290 Lakeshore Road West
Oakville, ON L6L 1H3
(905) 825-2011

OSHAWA

Dr. Bobbi-Jo Gibbs

Oshawa Physiotherapy and Rehabilitation Centre
475 Bond Street, Suite 6
Oshawa, ON L1J 2M2
(905) 579-9938

Dr. David Surette

Oshawa Physiotherapy and Rehabilitation Centre
475 Bond Street, Suite 6
Oshawa, ON L1J 2M2
(905) 579-9938

SCARBOROUGH

Dr. Imraan Alibhai

Scarborough Physiotherapy and
Rehabilitation Centre
2100 Ellesmere Road, Suite 242
Scarborough, ON M1H 3B7
(416) 430-0314

Dr. Amarpreet Jaswal

Scarborough Physiotherapy and
Rehabilitation Centre
2100 Ellesmere Road, Suite 242
Scarborough, ON M1H 3B7
(416) 430-0314

Dr. Kyra Gerber

Centenary Health Centre
2863 Ellesmere Road, Suite 310
Scarborough, ON M1E 5E9
(416) 724-7888

Dr. Dennis Liu

Village Chiropractic
6081 Kingston Road, Suite 2
Scarborough, ON M1C 1K5
(416) 724-0072
www.villagechiro.ca

Dr. Bobbi-Jo Gibbs

Scarborough Physiotherapy and
Rehabilitation Centre
2100 Ellesmere Road, Suite 242
Scarborough, ON M1H 3B7
(416) 430-0314

Dr Julie Preston

Prohealth and Rehab Clinic
1919 Lawrence Avenue East, Suite 201
Scarborough, ON M1R 2Y6
(416) 289-4402
www.prohealthrehabcenter.com

Dr. Mark Gonneau

Scarborough Physiotherapy and
Rehabilitation Centre
2100 Ellesmere Road, Suite 242
Scarborough, ON M1H 3B7
(416) 430-0314

Dr. Jerome Wong

Scarborough Physiotherapy and
Rehabilitation Centre
2100 Ellesmere Road, Suite 242
Scarborough, ON M1H 3B7
(416) 430-0314

TORONTO

Dr. Rick Ruegg

CMCC Campus Walk in Clinic
6100 Leslie Street
Toronto, ON M2H 3J1
(416) 482-2546

Dr. Rick Ruegg

Sherbourne Health Centre
333 Sherbourne Street
Toronto, ON M5A 2S5
(416) 324-4166

Dr. Rick Ruegg

South Riverdale Community Health Centre
955 Queen Street East
Toronto, ON M4M 3P3
(416) 778-6883

WATERLOO

Dr. David Allensen

Absolute Rehab Centre
570 University Avenue East, Suite 4
Waterloo, ON N2K 4P2
(519) 880-1733

Dr. Rebecca Blackburn

Waterloo North Chiropractic
550 Parkside Drive, Suite A4
Waterloo, ON, N2L 5V4
(519) 746-3838

Dr. Heather Degen

Heather Degen Chiropractic
400 St. David Street N
Fergus, ON N1M 2K2
(519) 843-1850

Dr. Jeff Goldsworthy

Goldsworthy Chiropractic
and Wellness Centre
18 Lexington Court, Suite K
Waterloo, ON N2J 4R9
(519) 888-4814
www.goldsworthywellness.com

Dr. Robert Gregory Lusk

PRIME - Health.Wellness.Performance
340 Hagey Blvd.
Waterloo, ON N2L 6R6
(519) 746-7416
www.clhc.com

Dr. Barbara Smith

43 Alvin Avenue
Toronto, ON M4T 2A7
(416) 944-1600
www.doctorbarb.com

Dr. Kelly Snowden

Christine's Fitness & Personal Training
912 Yonge Street
Toronto, ON M4W 2J2
(416) 969-9912
www.christinesfitness.com

Dr. Jennifer Heick

Waterloo North Chiropractic
550 Parkside Drive, Suite A4
Waterloo, ON, N2L 5V4
(519) 746-3838

Dr. C. Kiel

404 Erb Street West
Waterloo, ON N2L 1W8
(519) 888-6030
www.beechwoodchiropractic.com

Dr. Jennifer Nash

The Natural Way Health Clinic
131 Union Street East, Suite 103
Waterloo, ON N2J 1C4
(519) 772-2116
www.thenaturalwayclinic.com

Dr. Sara O'Neill

Dragonfly Chiropratic
50 Westmount Road North, Suite 228
Waterloo, ON N2L 2R5
(519) 880-0003

Dr. Harold Paisley

Northfield Chiropractic
99 Northfield Drive East
Waterloo, ON N2K 3P9
(519) 886-3191
www.northfieldchiropractic.ca

Dr. Chris Reinhardt

35 Union Street East
Waterloo, ON N2J 1B8
(519) 742-9341

Dr. Andrea Rowbottom

The Natural Way Health Clinic
131 Union Street East, Suite 103
Waterloo, ON N2J 1C4
(519) 772-2116
www.thenaturalwayclinic.com

Dr. Jaclyn Witt

PRIME - Health.Wellness.Performance
340 Hagey Blvd.
Waterloo, ON N2L 6R6
(519) 746-7416
www.clhc.com

WILLOWDALE

Dr. Pamela Spence

North York Rehabilitation Centre
2040 Sheppard Avenue East, Suite 202
Willowdale, ON M2J 5B3
(416) 497-4477

PHYSIOTHERAPY NETWORK

Network Members - Ontario

As part of their commitment to students, Network Physiotherapists will charge Health Plan members the following:

Initial Assessment	Subsequent Visits
\$45 or less	\$35 or less

Please note that you are not limited to Network members. You're covered for the insured portion of your Plan regardless of the health professional you choose. By visiting a Network member, you will get additional coverage.

AJAX

Ajax Rehabilitation Centre

25 Bayly Street, Suite 9
Ajax, ON L1S 1P2
(905) 686-9081

BRAMPTON

ACT Health Brampton Centre

40 Finchgate Blvd., Suite 127
Brampton, ON L6T 3J1
(905) 799-3200

DOWNSVIEW

ACT Health Downsview Centre

3695 Keele Street, Suite 205
Downsview, ON M3J 1N2
(416) 630-5557

Keele-Wilson Physiotherapy

2830 Keele Street East, Suite 303
Downsview, ON M3M 3E5
(416) 633-4086

ETOBICOKE

ACT Health Etobicoke Centre

190 Sherway Drive, Suite 211
Etobicoke, ON M9C 5N2
(416) 626-0216

HAMILTON

Westend Rehabilitation

10 Ewen Road
Hamilton, ON L8S 3C4
(905) 524-2365

KINGSTON

Proactive Physiotherapy

Ahmed Afifi
800 Princess Street, Suite 400
Kingston, ON K7L 5E4
(613) 549-4393
www.pthealth.ca

MISSISSAUGA

ACT Health Britannia Centre

1201 Britannia Road West
Mississauga, ON L5V 1N2
(905) 542-9009

ACT Health Mississauga Centre

3025 Hurontario Street, Suite 203
Mississauga, ON L5A 2H1
(905) 949-2525

Syrehab Physiotherapy

170 Queensway West, Suite 203
Mississauga, ON L5B 3A8
(905) 270-0037

Creditview Rehabilitation Clinic

238 Queen Street South
Mississauga, ON L5M 1L5
(905) 567-6680

Erin Mills Sports Medicine

2227 South Millway, Suite 305
Mississauga, ON L5L 3R6
(905) 820-7246

Sprains & Strains

77 Matheson Blvd. East, Suite 7
Mississauga, ON L4Z 2Y5
(905) 712-3626

NIAGARA FALLS

ACT Health Group - Niagara Falls Centre

4025 Dorchester Road, Suite 14
Niagara Falls, ON L2E 6N1
(905) 353-0035

OSHAWA

Oshawa Physiotherapy and Rehabilitation Centre

475 Bond Street, Suite 6
Oshawa, ON L1J 2M2
(905) 579-9938

PICKERING

ACT Health Pickering Centre

1450 Kingston Road, Suite 6F
Pickering, ON L1V 1C1
(905) 420-1266

RICHMOND HILL

ACT Health - Rapid Rehab Richmond Hill Centre

9665 Bayview Avenue, Suite 18
Richmond Hill, ON L4C 9V4
(905) 737-3422

SCARBOROUGH

ACT Health Scarborough North Centre

3850 Finch Avenue East, Suite 402
Scarborough, ON M1T 3T6
(416) 298-0474

Body Works Physiotherapy

2100 Ellesmere Road, Suite 114
Scarborough, ON M1H 3B7
(416) 439-0533

Dr. Asem Al-Sayed

Syrehab Physiotherapy
857 Milner Avenue
Scarborough, ON M1B 5N6
(416) 284-4655

Plane Tree Physiotherapy & Sports Injury Clinic

7 Progress Avenue, Suite 4
Scarborough, ON M1P 5A3
(416) 292-0055

Plaza Physiotherapy

4410 Kingston Road
Scarborough, ON M1E 2N5
(416) 724-6075

Scarborough Physiotherapy and Rehabilitation Centre

2100 Ellesmere Road, Suite 242
Scarborough, ON M1H 3B7
(416) 430-0314

ST. CATHARINES

ACT Health Group - St. Catharines Centre

180 Vine Street South, Suite 306
St. Catharines, ON L2R 7P3
(905) 684-4654

THORNHILL

ACT Health Shops on Steeles Centre

2900 Steeles Avenue East, Suite 222
Thornhill, ON L3T 4X1
(905) 764-0814

Thornhill Rehab

7368 Yonge Street, Suite 106
Thornhill, ON L4J 1V8
(905) 771-9878

Active Care Health Services

7131 Bathurst Street, Suite 106
Thornhill, ON L4J 7Z1
(905) 762-0225

TORONTO

ACT Health Danforth Centre

175B Danforth Avenue
Toronto, ON M4K 1M2
(416) 466-8401

ACT Health Dufferin Central Centre

1655 Dufferin Street, 2nd Floor
Toronto, ON M6H 3L9
(416) 656-5559

Atrium Physiotherapy

The Doctor's Office
595 Bay Street
Toronto ON M5G 2C2
(416) 597-9797

Bayview Rehabilitation

3333 Bayview Avenue, Suite 206
Toronto, ON M2K 1M2
(416) 222-7401

College Street Physiotherapy

340 College Street, Suite 07A
Toronto, ON M5T 3A9
(416) 921-9329

Prohealth and Rehab Centre

Jenny Lee
1919 Lawrence Avenue East, Suite 201
Toronto, ON M1R 2Y6
(416) 289-4402

Prohealth and Rehab Centre

Corazon Sabado
1919 Lawrence Avenue East, Suite 201
Toronto, ON M1R 2Y6
(416) 289-4402

Queensway Physiotherapy Centre

1255 The Queensway, Suite 5A
Toronto, ON M8Z 1S1
(416) 251-5400

St. George Physiotherapy

208 Bloor Street West, Suite 601
Toronto, ON M5S 3B4
(416) 921-4587

WATERLOO**Magda Niemkiewicz**

Absolute Rehab Centre
570 University Avenue East, Suite 4
Waterloo, ON N2K 4P2
(519) 880-1733

WHITBY**North Whitby Physiotherapy & Sports
Injury Clinic**

3975 Garden Street
Whitby, ON L1R 3A4
(905) 665-8460

WINDSOR**ACT Health Group - Windsor Centre**

2462 Howard Avenue, Suite 134
Windsor, ON N8X 3V6
(519) 252-6722

PHARMACY NETWORK

Network Members - Ontario

The Pharmacy Network is a list of pharmacies that have agreed to charge a dispensing fee of no more than \$5 per prescription to Health Plan members.

SCARBOROUGH

Eglinton-Danforth Pharmacy

2811 Eglinton Avenue East
Scarborough, ON M1J 2E1
(416) 269-7771

Golfdale Pharmacy

3750 Lawrence Avenue East
Scarborough, ON M1G 1R1
(416) 430-0252

Morrish Pharmacy

3600 Ellesmere Road
Scarborough, ON M1C 4Y8
(416) 287-6674

The Medecine Shoppe

164 Bennett Road
Scarborough, ON M1E 3Y3
(416) 282-2004

**Changes can be made to this list without notice.
Please check back to this site for updates throughout the year.**