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CONNECT WITH YOUR HEALTH & DENTAL PLAN

Attention: International Students

As a student at the University of Alberta, you belong to either the University of Alberta Students' Union (undergraduate students) or the Graduate Students' Association (graduate students). In addition to other services, these two student organizations provide their members with unique health and dental benefits.

WHAT'S COVERED?

Health Benefits

prescription drugs, vaccinations, physiotherapist, registered massage therapist, chiropractor, psychologist, medical equipment, ambulance, and more...

Dental Benefits

cleanings, checkups, fillings, gum treatments, root canals, extractions, and more...

Vision Benefits

eye exam, eyeglasses or contact lenses, laser eye surgery

Travel Benefits

120 days per trip, \$ 5,000,000 per incident, trip cancellation, trip interruption

* Please note that travel health coverage does not apply to international students (including US students) travelling to their home country.

For more details and a complete list of benefits, visit www.ihaveaplan.ca.

WHO IS COVERED?

All full-time and part-time undergraduate students enrolled in at least 3 credits in September, and who pay SU fees, are automatically covered by the SU Health & Dental Plan. This includes Augustana and international students.

Graduate students registered full-time (for 9 or more graduate credits) in the Fall Term at the University of Alberta, including on-campus, off-campus, and international students, are automatically covered by the GSA Health & Dental Plan.



WHO IS NOT COVERED?

Part-time graduate students and all new full-time or part-time Winter Term students are not automatically covered, but may enrol themselves or their family (spouse and/or dependants) during the Change-of-Coverage Period.



COVERED BY ANOTHER PLAN?

Weigh the Costs and Benefits

Being enrolled as a dependant in a parent or spouse's employee benefit plan usually requires your family member to pay additional costs. The GSA Plan may provide better value. You can also combine it with your other plan to maximize your overall coverage—up to 100%—and eliminate out-of-pocket costs.

Alternatively, if you are covered by another extended health and/or dental plan, you may opt out of the Health and/or Dental Plan during the Change-of-Coverage Period.

ADDITIONAL ENROLMENTS

If you are covered by the Plan, you can enrol your family (spouse and/or dependants) for an additional fee during the Change-of-Coverage Period. Common law and same-sex couples are eligible. Contact studentcare.net/works for more information.

ALBERTA HEALTH-CARE INSURANCE PLAN (AHCIP)

The Alberta government provides residents of Alberta and international students who will reside in Alberta for at least 12 months with a health insurance plan—the Alberta Health-Care Insurance Plan (AHCIP). In order to claim benefits under the SU or GSA Health Plan, you must be covered by the AHCIP or have other equivalent basic coverage, such as other provincial health care or private basic health insurance. Students must apply for Alberta Health Care within 90 days of arriving in Alberta. Contact the International Centre for more information.

UNIVERSITY OF ALBERTA HEALTH INSURANCE PLAN (UAHIP)

To ensure that international students not covered by Alberta Health Care have basic health coverage while residing in Alberta, the University of Alberta has arranged for mandatory medical coverage for international students not eligible for Alberta Health Care. Detailed information on the University of Alberta Health Insurance Plan (UAHIP), including eligibility, is available at www.international.ualberta.ca or by contacting the International Centre on campus.

The SU and GSA Health Plans do not replace Alberta Health Care or an equivalent plan (such as UAHIP or other provincial health-care plans). They offer you extra coverage in addition to basic medical covered by Alberta Health Care. You must have basic medical coverage in order to be eligible to use the extended coverage provided through the SU or GSA Plan.

OPT OUT

You can opt out of the SU or GSA Health & Dental Plan by visiting www.ihaveaplan.ca and following the on-screen instructions for opting out. You will receive a credit for the Plan fee on your Beartracks fee assessment. Opt outs will only be processed within the Change-of-Coverage Period.

CHANGE-OF-COVERAGE PERIOD

For students starting in the Fall Term, all enrolments and opt outs must be completed between **Sept. 1 - 21, 2010**.

Students who begin their studies in the Winter Term may enrol themselves and their family (spouse and/or dependants) from **Jan. 5 - 21, 2011**.

For more information:
www.ihaveaplan.ca
service@studentcare.net
1 866 795-4430

Health & Dental Plan Office
SUB 028, Lower Level

